

*The Effects of the Training are immediate and powerful. The personal and professional results that I achieved are sustainable and measurable. Investing in myself has been hugely beneficial to me in all aspects of my Life.*

*~ Managing Customer Relationships*

*The Training I have begun with Allan Gray has already made a huge difference in both my Professional & Personal Life. The effects were immediate.*

*~ Serving Member Canadian Forces*

*After suffering with both a Traumatic Brain Injury and PTSD for over 10 years, my "Optimal Performance Consistency Training" completed with Allan Gray caused me to conquer the negative Behaviours limiting my Life, Decisions and Achievements.*

*~ Elementary School Teacher*

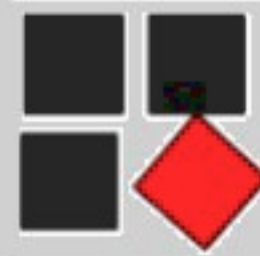
*"Ease With Dignity..."*

Celebrating 23 years of Rapidly and Permanently Changing Unwanted Behaviours and Cognitive Impairment(s) in Civilians (Adults, Teenagers & Children), Sworn Law Enforcement, Fire, EMS, 911 Dispatchers and Veterans / Military Service Members (and their families) thru "Resiliency & Optimal Performance Consistency" Training

(non-medical)

**Dubiel, Gray And Associates Inc.**

"Effective Behaviour Based Treatment (training) Solutions"



Tel:905.599.6002  
[dubielgray@mail.com](mailto:dubielgray@mail.com)  
[www.dubielgray.com](http://www.dubielgray.com)

# Solutions



**The Effective and Permanent Alternative Treatment for Behavioral Problems**

# Specializing in Rapidly and Permanently Changing Unwanted Behaviours that often include:



- Memory Problems
- Difficulty Focusing
- Difficulty Maintaining Concentration
- Difficulty Dividing Attention
- Difficulty Learning
- Addictions
- Brain Injuries
- Difficulties Sleeping
- Flashbacks
- Self Mutilation
- Eating Disorders
- Post Traumatic Stress
- Negative "Self Talk" Tapes
- Combat Stress / OSIs

Recovery from these and other Behavioural Problems can be achieved (Rehabilitation) through our "Resiliency Training" and "Optimal Performance Consistency Training." Many of our Clients did not achieve the Results they had anticipated using conventional / mainstream Treatment approaches... If you or a loved one are in this circumstance, please contact us to discuss how we might best assist with your / their Recovery.

We can help.  
Contact us today.  
Thank you.

*"Our Treatment (training) is Rapid and Effective and our Results are Immediate and Measureable"*